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**BRCA testing now**

If you have recurrent breast cancer (BC) or metastatic breast cancer (mBC)...

# THERE'S POWER IN KNOWING **NOW**

**BRCA testing can help your doctor identify potential treatment options**

**Everyone** with recurrent BC or mBC should be tested for inherited breast cancer susceptibility gene (*BRCA*) mutations. That's what the current NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines<sup>®</sup>) for Breast Cancer recommend – because you may have **additional treatment options** depending on your *BRCA* status.\*

**Ask your doctor now about *BRCA* testing.**

Learn more about *BRCA* testing and get helpful resources at [Test4BRCA.com](https://www.Test4BRCA.com)



NCCN=National Comprehensive Cancer Network.

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## Know your *BRCA* status, then explore your treatment options with your doctor

*BRCA* (pronounced BRAH-kuh) is short for **B**reast **C**ancer susceptibility gene. There are 2 kinds: *BRCA1* and *BRCA2*. Everyone has both types, inherited from each parent. These genes can be normal or have an abnormal change (“mutation”).

“Germline” or inherited *BRCA* mutations may have played a part in your BC. They may also help you and your doctor consider additional treatment options such as **targeted therapy**, as discussed by the NCCN Guidelines® for Breast Cancer.\*

**Testing for inherited *BRCA* mutations is not complicated,<sup>†</sup>** and it’s important to know your *BRCA* status. You may have heard that inherited mutations occur only in some populations. So why should **everyone** with recurrent BC or mBC be tested?

### Inherited *BRCA* mutations can occur in people of any ethnic background and various personal characteristics



Younger **OR** Older



Female **OR** Male



Known family history of cancer **OR** No known family history of cancer



Triple-negative BC **OR** Hormone-positive BC



Your *BRCA* status may have implications for both you and your family. That’s because inherited mutations can be passed down through generations. Getting genetic counseling **before and after testing** can help you and your family understand and be prepared to handle any implications of test results.

## Move forward with helpful resources and support

You’re not alone. Besides talking with your doctor, many organizations can help you learn more. They’re there to help you.

### In collaboration with national nonprofit organizations



Focused on improving the lives of individuals and families facing hereditary cancers. FORCE offers:

- **Education and resources:** information on genetic testing, toll-free helpline, live and on-demand webinars, peer navigators, and message boards
- **Support meeting and event calendar** can help patients tap into virtual support and network to get resources in their area



Focused on providing education and resources to help genetic counselors provide quality genetic services to patients and their families. Also helps connect patients to genetic counselors. NSGC offers:

- **Education and resources:** fact sheets, podcasts, and other information about genetic counselors and the genetic counseling process
- **Find a genetic counselor** helps patients and providers connect with a genetic counselor for in-person or telehealth visits



Focused on improving the lives of Jewish women and families living with or at increased risk of breast or ovarian cancer. Offers personalized support and education to all. Sharsheret also offers:

- **Education and resources:** conversations with a genetic counselor, education on genetic testing, mental health counseling, quality of life resources, financial subsidies, webinars, parenting resources, and caregiver resources
- **Peer Supporters** share their experiences with patients on the phone or by email

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†*BRCA* testing must be performed by healthcare providers. At-home genetic tests are often inaccurate and not intended to guide medical decision-making.

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